



# Our hand washing song

**Making up your own song together will help your child understand the importance of washing their hands and help them to wash their hands for long enough.**

**When washing your hands together, explain that the time it takes to wash their hands is the time it takes to sing 'Happy birthday' twice! Invite your child to make up their own handwashing song to the tune of 'Happy birthday'**

Wash your hands now, scrub scrub,  
Wash your hands now, scrub scrub,  
Wash your hands now scrub scrub,  
Until they are clean!

Use the soap and water,  
Use the soap and water,  
Use the soap and water,  
And then use the towel!

What ideas can your child think of for lyrics?

## How does this help my child's development?

- Washing their own hands helps to develop your child's independence and understanding of how to keep clean
- Sharing songs and rhymes helps to increase your child's communication and vocabulary
- Learning about germs helps your child to understand how the body works and how they can keep themselves safe and healthy

**Let's be safe, you and me.**



**STOP THE SPREAD  
OF CORONAVIRUS**