



Is your child showing signs that they are ready to start toilet training?

Are they showing interest in the toilet or potty? For example, they want to sit on the potty at nappy time.

Is your child having a dry nappy for longer?

Do they tell you they have done, or are doing, a poo or wee in their nappy?



We are always here to help! When you think your child is ready please tell a member of staff and we will support you with toilet training.



Nurturing children's love of learning



Evesham Nursery School

Top tips for toilet training

Evesham Nursery School

- ♦ Put your child in clothes that they can easily take on and off by themselves to build up their independence. For example joggers, leggings and **no** popper vests
- ♦ Make sure you have plenty of spare clothes as you will need them!
- ♦ Nappy off time, allowing your child to have time off without their nappy and having a potty accessible to them.
- ♦ Children need to feel the sensation of wee going down their legs so they can connect the feeling of wet pants/trousers.
- ♦ Encourage children to use the potty throughout the day, building into their daily routine

When your child is ready...

Top tips for toilet training

- ♦ Time! Allow yourself enough time to toilet train your child. Make sure there are as few disruptions as possible, so that toilet training is a positive experience for both you and your child.



- ♦ Have a potty in the bathroom and if you have one put a potty in the downstairs toilet too. Make sure there is easy access!
- ♦ PRAISE! Even if progress is slow praise your child for sitting on the potty and having a go.
- ♦ Reassure your child when they have had an accident as they may become distressed. Accidents are part of the process.
- ♦ Consistency is key! Once your child wearing pants, stay in pants. This will only confuse your child. Pull ups are fine at bedtime however during the day make sure they are wearing pants.