

10 Top Tips for Toilet Training

- Put your child in clothes that they can easily take on and off by themselves to build up their independence.
- Make sure you have plenty of spare clothes as you will need them!
- Nappy off time, allowing your child to have time off without their nappy and having a potty accessible to them.
- Making sure you have a potty upstairs and downstairs for your child to easily access when they need the toilet.
- Encourage children to use the potty throughout the day, building it into their daily routine.
- PRAISE! Even if progress is slow praise your child for sitting on the potty and having a go.
- Reassure children when they have had an accident as they may become distressed accidents are part of the progress.
- Children need to feel the sensation of wee going down their legs so they can connect the feeling of wet pants/trousers.
- Consistency is the key! Once your child is wearing pants, stay in pants! You will only confuse you child. Pull up pants are fine at bedtime but not during the day.
- Time! Make sure there are no disruptions in your child's life when potty training and you have time to potty train your child.



Nurturing children's love of learning



Evesham Nursery School

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